

Frederick's Spring Menu

STARTERS

Roast Jerusalem artichoke soup £8

Prawn & vegetable tempura,
ponzu sauce £12.50

Wild mushroom arancini, rocket & parmesan
salad £9.50

Chicken liver & foie gras parfait, Madeira jelly,
apple & grape chutney £12

Assiette of salmon; smoked & avocado,
rilette & pickled vegetable salad £10.50

Salt & pepper squid, sweet chilli sauce £10.50

Dressed Colchester crab, avocado,
fennel salad, pickled ginger £13.50

Pan-fried scallops, beetroot carpaccio,
cauliflower couscous, pine nuts £13.50

Frederick's superfood salad, quinoa, avocado,
roasted broccoli, red pepper, crispy chickpeas
£10.50

MAIN COURSES

Roast fillet of halibut, saffron mash, salsify &
broad beans £28

Pistachio crusted rare tuna, edamame purée,
mooli & cucumber spaghetti 27.50

Roast sea bass, heritage potatoes, asparagus,
tomato & onion salsa, Hollandaise sauce £22

Chargrilled fillet of beef, leek & potato
croquettes, roast baby vegetables,
red wine jus £34

Daphne's Welsh lamb rump, Pommes Anna, curly
kale, red & golden beetroot, rosemary jus £25

Chargrilled organic chicken breast, savoy
cabbage, chorizo & green peas £19.50

Crispy duck confit, Hasselback potato, roasted
Mediterranean vegetables £20

Veal cutlet, crushed new potatoes, sautéed
Jerusalem artichokes & wild mushrooms,
Marsala sauce £32

Aubergine parmigiana £15

Roast butternut squash, radicchio, red pepper,
hazelnut risotto £13.50

DESSERTS

Classic crème brûlée £7.50

Pecan tart, salted caramel ice cream £8

Baked passion fruit Alaska £9.50

Tiramisu £7.50

Chocolate fondant, cherry ice cream £9.50
(please allow 15 minutes)

Fresh fruit salad £8

Ice cream or sorbet £7

Selection of cheese from The Cheese Plate
£13.50

web: www.fredericks.co.uk
e-mail: dine@fredericks.co.uk

Camden Passage Islington London N1 8EG
Reservations 020 7359 2888

Frederick's

12.5% discretionary service charge will be added.

Where possible Frederick's uses fish from sustainable
source.

Food Allergies & Intolerances, before ordering please
speak to a member of staff about your requirements.

Please note that this menu (and prices)
are subject to small changes due to
seasonal availability of the ingredients.