



# Frederick's

## Vegetarian & Vegan Menu

### Starters


Minestrone £8.5 

Vegetable tempura, ponzu sauce £13

Frederick's arancini £14

Mushroom parfait, cherry & plum chutney, toast £13.5

Pan-fried wild mushrooms, egg,  
Hollandaise, chargrilled toast £12.5


Superfood winter salad; roast broccoli, butternut squash,  
avocado, quinoa, pumpkin seeds, flaked almonds £12.5 

### Main courses

Courgette, pea & Parmesan risotto,  
courgette tempura £17.5 (vegan on request)

Aubergine parmigiana, lamb's lettuce,  
red onion & cherry tomato salad £18.5 (vegan on request)

Trofie pasta, cavolo nero pesto, walnuts £17

Seared marinated tofu, warm turmeric pearl barley,  
cranberry & curly kale salad £18.5 

Frederick's garden assiette £15.5 

Vegan 

12.5% discretionary service charge will be added, vat included.

Food Allergies & Intolerances, before ordering please speak to a member  
of staff about your requirements