



Frederick's

Vegetarian & Vegan Menu

Starters

Frederick's gazpacho £10 

Vegetable tempura, ponzu sauce £13

Frederick's arancini £14

Watermelon, feta & cucumber salad, minted dressing £13.5

Pan-fried halloumi, baby watercress,
pomegranate & spring onion salad £11

Buffalo mozzarella, pea gazpacho,
heritage tomatoes, crispy croutons £14.5

Mixed grain superfood salad; Israeli couscous, red, white & black
quinoa, avocado, chickpeas, butternut squash & pine nuts £12.5 

Main courses

Torched goat's cheese, chargrilled vegetables,
grilled bread, sun-dried tomato tapenade on toast £17.5

Aubergine parmigiana, lamb's lettuce,
red onion & cherry tomato salad £18.5 (vegan on request)

Spanish tortilla, mixed leaf salad £18

Seared marinated tofu, warm turmeric pearl barley,
cranberry & curly kale salad £18.5 

Frederick's garden assiette £15.5 

Vegan 

12.5% discretionary service charge will be added, vat included.

Food Allergies & Intolerances, before ordering please speak to a member
of staff about your requirements